

**3.6.2 Number of extension and outreach programs conducted by the institution through organized forums including NSS/NCC with involvement of community year wise during the last five years****Report of the Activity
Academic Year 2021 – 2022**

S.No	Name of the Activity	Organising unit/ Forum/ Collaborating agency	Date of the activity DD-MM- YYYY	Link
1.	Webinar on Covid19	NSS	10.06.2021	
2.	Yogasana Demonstration Competition and Essay Writing Competition	NSS, NSS, Lions Club, Physical Education, Alumni Association	19.06.2021	
3.	State Level Webinar - Yoga and Pranayama"	NSS & S.I.V.E.T College, Chennai	22.06.2021	
4.	Covid-19 Awareness Programme	NCC	29.06.2021	
5.	Webinar On "Yoga and Pranayama - Pin on Earth Environment and Climate	NSS	03.07.2021	
6.	Drug Abuse and Its Ill Effects State Level Webinar	NSS	06.07.2021	
7.	Webinar - Lessons to Learn from the Brighter Side of Covid 19	Commerce	06.07.2021	
8.	Online Quiz - C Programming	IT	09.07.2021 To 11.07.2021	
9.	World Day for International Justice	NCC	17.07.2021	
10.	Entrepreneurial Training Programme for Parents	NSS	18.07.2021	
11.	Money Counting -Mariamman Temple	NCC & Kovil Devasthanam	28.07.2021	
12.	Lecture Programme on Conserve Tigers - World Tiger Day	NCC	30.07.2021	
13.	Workshop on Women Hygiene - Herbal Napkin Preparation	RRC	31.07.2021	
14.	Webinar - Carrier Guidance	Commerce CA(Sf)	12.08.2021	
15.	World Senior Citizen Day	NCC	21.08.2021	
16.	Fit India Freedom Run	Physical Education	01.09.2021- 31.12.2021	



VIRUDHUNAGAR HINDU NADARS' SENTHIKUMARA NADAR COLLEGE









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17.	Covid-19 Vaccine Programme	NCC & Virudhunagar Medical College	06.09.2021	
18.	Awareness Program on Cyber Crimes	NSS	03.09.2021	
19.	National Level E Quiz on NSS	NSS	23.09.2021 - 25.09.2021	
20.	Palm Seed Plantation in Metukundu Village	NCC	03.10.2021	
21.	Cleaning Work at Railway Station (Clean India)	NCC, NSS And Nehru Yuva Kendra	13.10.2021	
22.	Independent India @ 75: Self Reliance with Integrity	NSS	26.10.2021	
23.	Annathanam Crowd Control	NCC	26.12.2021	
24.	Online Quiz Competition	RRC	14.11.2021 - 15.11.2021	
25.	Street Drama to Create on Stopping Corruption and Bribery	NCC, NSS, Vigilance Department	01.11.2021	
26.	Create Awareness About Dengue-Poster Making Competition on Dengue Alert	RRC	16.11.2021	
27.	Paddy Plantation Programme	NCC	2.12.2021 - 05.12.2021	
28.	Importance of World Aids Day & Awareness of Corona Virus and Vaccination & Oath Taking Ceremony	RRC	07.12.2021	
29.	Flag Day Money Collection	NCC	07.12.2021	
30.	Bike Rally on Go Green	College	17.12.2021 To 19.12.2021	
31.	Covid-19 Vaccination	NCC&NSS	27.12.2021 To 28.12.2021	
32.	Blood Donation Camp	YRC, NSS, NCC, RRC, Lions Club (Dawn) & V.Dhanasamy - Parimala Devi Medical Trust Blood Bank, Virudhunagar	25.02.2022	
33.	Anti plastic Awareness Rally	NCC	23.03.2022	
34.	Visit To Orphanage - 'Children's Fest'	Computer Science	24.04.2022	



35.	Money Counting at Virudhunagar Mariamman Temple	NCC	11.03.2022	
36.	One Day Self Employment Programme For Rural Women	Chemistry	11.03.2022	
37.	Refuse Single Use Plastics - Short Film Making Competitions	RRC	16.03.2022	
38.	Road Safety Awareness Programme	Physical Education	24.03.2022	
39.	Government Hospital "Clean Campaign"	NCC	12.04.2022	
40.	Blood Donation Camp	YRC, NSS, NCC, RRC, Lions Club (Dawn) & V.Dhanasamy - Parimala Devi Medical Trust Blood Bank, Virudhunagar	22.04.2022	
41.	Awareness Programme on Healthy Life Through Naturopathy Yoga and Siddha	Physical Education	28.04.2022	
42.	Vaccination Camp	NSS	29.04.2022	
43.	Parambaria Thiruvizha /Traditional Festival	College	22.05.2022	