

# Teaching Effectiveness of Women Teachers in Relation to their Emotional Intelligence

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## Abstract

*Emotional intelligence is considered as expressing, understanding and managing emotions in individuals as well as in others. It is a blend of heart and mind. Emotional Intelligence is a skill to observe, manage and evaluate emotions. Emotional intelligence involves various characters such as social precision, self-awareness, to understand the others feeling, to face strong emotions, the capacity to wait for the enjoyment, to be positive in case of difficulty. There are five essentials components in emotional intelligence; they are Self-regulation, Self-awareness, Motivation, Empathy and Social skills. In the present scenario, the proposal of emotional intelligence among the teachers takes greater attention in the present educational system.*

**Keywords:** Emotional intelligence, Teaching Effectiveness, Self-awareness

## Introduction

Emotional Intelligence acts as an important role in social science. Emotional knowledge, intelligence and skill plays an important role in education and helping students, teachers, faculties to attain higher degrees of achievement, career success, leadership and personal wellbeing. It rules the teacher's behavior and it is important for the achievements in their profession. Teachers are regarded as the main pillar in the teaching organization. They also considered as mediators, because through them only the knowledge is passed to the students. They are the effective source of knowledge because they possess the essential skills, knowledge and talents. Emotional Intelligence involves a healthy emotional behavior. It includes various characters such as thinking, finding, managing and expressing feelings. Emotional Intelligence enables the individuals to react at the right place, right time and for the right purpose in a right way.