



An Analytical Study on Psychological Distress among Elder Persons in Virudhunagar Block

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ABSTRACT

Human resource is considered as an asset for a country. It plays an important role in economic development and growth. The huge young population is considered as its strength and it enhances its potential for faster growth. The global demographic trend, however, tells us that, with the passage of time, the countries have experienced ageing of population. The proportion of older persons in the population of a country has increased. . Aging is considered as natural and universal process. Ageing in Indian culture though considered disability, does not carry the connotation of becoming “Useless mouth to be fed..It is regarded as an inevitable biological phenomenon. Elderly people are suffering from various physical, mental, social and economical problems with emerging changes in our social and cultural values, the elderly who are economically unproductive are sadly neglected. This paper is going to analyze “Psychological Distress among Elder Persons in Virudhunagar Block”. Against this above background the following objectives have been framed ((i) to analysis the health behavior of the respondents. (ii). to examine the psychological distress among the respondents. . The present study covers a period of one year i.e., from January 2017 to April 2017. The survey was conducted during this period. Both primary and secondary data were collected for the purpose of the study. Convenience sampling method was adopted in the present study to select the sample respondent.

Keywords: ageing, elder persons, psychological distress

I. INTRODCTION

Human resource is considered as an asset for a country. It plays an important role in economic development and growth. Greater the proportion of young persons in the population of a country, larger is the workforce, and, thus, more is the economic potential. India, in this sense, has got an advantage at present and is considered as a leading nation in the world in terms of human power. The huge young population is considered as its strength and it enhances its potential for faster growth. The