



# Emotional Intelligence and Marital Satisfaction of Law Enforcement Officers and Others in Virudhunagar District – A Comparative Study

R.Shobana Devi and P.Sundara Pandian

*Department of Commerce, V.H.N. Senthikumara Nadar College (Autonomous), Virudhunagar.*

**Abstract** - The family has always been one of the most important parts of each society in the history of mankind and in all countries. Marital satisfaction means adaption of person's expectation from matrimony and what he himself experience in life, which is also important. Nowadays, for many employees, successfully combining work and non-work has become a major challenge that sometimes creates problems or conflicts. Law Enforcement Officers work long hours (shifts) assigned to patrol or investigations. Officers also work part-time jobs as private security when they are not on the department clock. To study the different elements of emotional intelligence and marital satisfaction among the Law Enforcement Officers and others in virudhunagar district for that Standard Deviations of Demographic Variables, the Comparison of average score of Marital Satisfaction Subscales, the Comparison of the average rate of Emotional Intelligence's Subscale Score and Regression Model for Impact of Emotional Intelligence on Marital Satisfaction was studied. The present research showed a positive and strong relation between the soundness of emotional intelligence and marital relations quality.

**Keywords:** Emotional Intelligence, Marital Satisfaction, Law Enforcement Officers

## 1. INTRODUCTION

The family has always been one of the most important parts of each society in the history of mankind and in all countries. Consequently, this very important factor plays a very important role in the progress and stability of the society. Anyway, the formation of family is based on marriage. Marriage is a mutual, delicate, and complicated relationship between two humans which has a basic role in meeting man and woman's emotional-psychological and physical demands Marriage is a symbiosis of a man and a woman, who has made a commitment and takes an oath, and accordingly has changed themselves. With the evolution of cultures, marriage has become a religious and sacred rite and tradition. However, any failure in marriage, as a commitment and oath, will socially label the sides. Not all marriages,

necessarily, are successful and prosperous and some of them result in a separation. Some of the couples solve their sense of dissatisfaction and grievance through separation and divorce. All in all, from the second half of the 1970s, satisfaction has been declining; but many couples also prefer to stay in a state of conflict or mere indifference. In spite all these discouraging information about marriage, many people opt to marry. John Gottman's states that when there is no problem to make a crisis in a married life couples urge to report a high level of satisfaction. Consequently, many researchers have revealed that a perfect marriage will cause people to have a healthier and happier life

Marriage is a pleasing bond but findings of researches show that more than half of the marriages in the United States lead to disappointment and separation. Therefore, a majority of researchers try to figure out the elements which affect the level of satisfaction and persistency in interpersonal relationships including marriage. According to the researches done about the spouses' relationships it seems that components of emotional intelligence can be influential on marital satisfaction. Couples' intimate relationship needs communication skills such as: paying attention to other person's viewpoint, being able to empathize perception with what their partner has experienced, and also being sensitive and aware of his / her needs. Marital satisfaction means adaption of person's expectation from matrimony and what he himself experience in life, which is also important. Winch believes marital satisfaction is adjustment between the current condition and the expected or ideal condition. Some of the authorities define marital satisfaction as a