



VIRUDHUNAGAR HINDU NADARS' SENTHIKUMARA NADAR COLLEGE

(An Autonomous Institution Affiliated to Madurai Kamaraj University)

[Re-accredited with 'A' Grade by NAAC]

Virudhunagar – 626 001.

EXTENSION / OUTREACH ACTIVITY REPORT

1.	Name of the Activity	One day Self-employment Programme
2.	Theme	Our college motivate Self-employment for rural women, as one of the program hands on training for several household products
3.	Place	Department of Chemistry, VHNSN College (Autonomous), Virudhunagar.
4.	Date	11.03.2022
5.	Short description of the activity	<p>One day Self-employment Programme on 11.3.2022 Organized by Department of Chemistry, Virudhunagar Hindu Nadars' Senthikumara Nadar College (Autonomous) and Women Empowerment Trust, Virudhunagar. The Programme coordinated by Dr.V. Muthuraj and Dr.S. Karuthapandian, Assistant Professor, Department of Chemistry, Virudhunagar Hindu Nadars' Senthikumara Nadar College (Autonomous) and S.T Jothibalan, General Secretary, Women Empowerment Trust, Virudhunagar. The Presidential and Inaugural address was given by Dr.P. Sundara Pandian, Principal, Virudhunagar Hindu Nadars' Senthikumara Nadar College (Autonomous), Virudhunagar. Dr.C. Karunakaran, Head and Department of Chemistry welcomed the gathering. The President Thiru.V.Palani samy , The Secretary Thiru.M.D.Sarpparajan and the Treasurer Thiru. S.S.S.A.S.Sakthi babu felicitated the Programme. Thiru.E.V.Arumugam Entrepreneurs, Women Empowerment Trust demonstrates the preparation of several house hold products for 30 self-help women for and demonstrate the same. Six participants gave feedback about the programme and they told that this programme is highly benefited to them. Finally Dr.P. Sami, Associate Professor of Chemistry, Virudhunagar Hindu Nadars' Senthikumara Nadar College proposed vote of thanks. The programme ends with national anthem.</p>



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6.	Sponsor Amount	Nil
7.	Sponsors	---
8.	Event Expenditure	--
9.	No. of participants from the institute	40
10.	No. of beneficiary	25
11.	Work done	
12.	Convenor / Co-ordinator	Dr.V. Muthuraj and Dr.S. Karuthapandian
13.	Joint organizer	S.T Jothibalan, General Secretary, Women Empowerment Trust, Virudhunagar.
14.	Attach the Invitation / Circular	Yes
15.	Geotagged Photographs	yes



Captain Dr. P. SUNDARA PANDIAN
PRINCIPAL
VIRUDHUNAGAR HINDU NADARS'
SENTHIKUMARA NADAR COLLEGE
(AUTONOMOUS)
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வி.இ.நா.செந்திக்குமார நாடார் கல்லூரி (தன்னாட்சி),
(தேசிய தர மதிப்பீட்டில் "A" தரம் பெற்றது)
(NIRF-2021 தேசிய தர வரிசையில் 47^{ம்} இடம் பெற்றது)

விருதுநகர்.
(குறைந்த கட்டணத்தில் உயர்தரக் கல்வி)

அழைப்பிதழ்

விருதுநகர் இந்து நாடார்களுக்குப் பாத்தியப்பட்ட செந்திக்குமார நாடார் கல்லூரியின் பவளவிழா கொண்டாட்டத்தின் ஒரு பகுதியாகக் கல்லூரி வேதியியல் துறையும் விருதுநகர் உமன் தொண்டு நிறுவனமும், இணைந்து மகளிர் சுய உதவிக் குழுவினருக்கு வழங்கும்

ஒரு நாள் சுயதொழில் பயிற்சி முகாம்
நாள் : 11.03.2022 இடம் : வேதியியல் துறை கூட்ட அரங்கம்

விழாத் தலைவர் : முனைவர் பா.சுந்தர பாண்டியன் அவர்கள், கல்லூரி முதல்வர்
விழாச் செயலர் : முனைவர் ச கருணாகரன் அவர்கள் துறைத்தலைவர்
ஒருங்கிணைப்பாளர்கள் : முனைவர் வே. முத்துராஜ் முனைவர் சா.கருத்தப் பாண்டியன் (உதவிப் பேராசிரியர்கள்) மற்றும் எல்.டி.ஜோதிபாலன் பொதுச் செயலாளர், உமன் தொண்டு நிறுவனம், விருதுநகர்

கல்லூரி நிர்வாகக் குழுவினர்
M.S.P போகன் ஈ.ஜே.ஜி, B.Com., L.L.B., MDIT. புவலர்
V. பழனிச்சாமி, B.A., தலைவர் M.D. சர்ப்பராஜன், B.B.A., செயலாளர்
K.G. போகன் S.S.S.A.S சக்திபாபு, B.B.A., பொருளாளர்
உபதலைவர் பொருளாளர்
A. சுசந்தி முனைவர் பா. சுந்தர பாண்டியன், M.Com., M.Phil., Ph.D., கல்லூரி முதல்வர்
உபதலைவர்

ஒருங்கிணைப்புக் குழுவினர்
முனைவர் ச.கருணாகரன், துறைத்தலைவர் முனைவர் அ. சக்திவேல்
முனைவர் ந. இராமன் முனைவர் செ. தனலட்சுமி
முனைவர் அ. சாரதி முனைவர் கு. விஜயகுமார்
முனைவர் பொ. சாமி முனைவர் ஏ. ஜெயபாதி
முனைவர் இரா. பால்பாண்டியன் முனைவர் க. அருஞ்சுனைக்குமார்
முனைவர் இரா. வாகினி பொரா. க. ஸ்ரளி

வி.இ.நா.செந்திக்குமார நாடார் கல்லூரி (தன்னாட்சி),
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விருதுநகர்.
(குறைந்த கட்டணத்தில் உயர்தரக் கல்வி)

நிகழ்ச்சி நிரல்

விருதுநகர் இந்து நாடார்களுக்குப் பாத்தியப்பட்ட செந்திக்குமார நாடார் கல்லூரியின் பவளவிழா கொண்டாட்டத்தின் ஒரு பகுதியாகக் கல்லூரி வேதியியல் துறையும் விருதுநகர் உமன் தொண்டு நிறுவனமும், இணைந்து மகளிர் சுய உதவிக் குழுவினருக்கு வழங்கும்

ஒரு நாள் சுயதொழில் பயிற்சி முகாம்
நாள் : 11.03.2022 * நேரம் : காலை 10 மணி * இடம் : வேதியியல் துறை கூட்ட அரங்கம்

வரவேற்புரை : முனைவர் ச.கருணாகரன் துறைத்தலைவர்
துவக்க உரை : முனைவர் பா.சுந்தர பாண்டியன் கல்லூரி முதல்வர்
வாழ்த்துரை : திரு. V. பழனிச்சாமி தலைவர் திரு. M.D. சர்ப்பராஜன் செயலாளர் திரு. S.S.S.A.S சக்தி பாபு பொருளாளர் திரு. எல்.டி.ஜோதிபாலன் பொதுச்செயலாளர் உமன் தொண்டு நிறுவனம், விருதுநகர்
சிறப்புரை : திரு. E.V. ஆறுமுகம் திறன்வளர்ச்சி வல்லுனர் உமன் தொண்டு நிறுவனம், விருதுநகர்
சான்றிதழ் வழங்கும் நேரம் முனைவர் பொ.சாமி இணைப்பேராசிரியர்
நன்றியுரை :

வி.இ.நா.செந்திக்குமார நாடார் கல்லூரி (தன்னாட்சி)
(தேசிய தர மதிப்பீட்டில் "A" தரம் பெற்றது)
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ஒரு நாள் சுயதொழில் பயிற்சி முகாம்

சான்றிதழ்

செல்வன் / செல்வி _____

அவர்கள் 11.03.2022 அன்று நமது கல்லூரி மற்றும் உமன் தொண்டு நிறுவனம் இணைந்து நடத்திய ஒரு நாள் சுயதொழில் பயிற்சி முகாமில் கலந்து பயிற்சிகளில் பங்கேற்று சிறப்பித்தார் என சான்றளிக்கப்படுகிறது.

பயிற்சி ஏற்பாடு : வேதியியல் துறை, வி.இ.நா.செந்திக்குமார நாடார் கல்லூரி (தன்னாட்சி), விருதுநகர்

எல்.டி.ஜோதிபாலன் பொதுச் செயலாளர், உமன் தொண்டு நிறுவனம், விருதுநகர்
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முனைவர் பா.சுந்தர பாண்டியன் கல்லூரி முதல்வர்




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வ. இ. நா. செந்திகுமார நாடார் கல்லூரி
ஒரு நாள் சிவதொழில் பயிற்சி குகாம்

S.No.	பெயர்	சைகையிடுதல்
1.	வே.வேலுநாத் ✓	V. Velu
2.	ப.நாதசாமி ✓	P. Nadesami
3.	சுப்பிரமணியம் ✓	
4.	K. சண்முகவேலுசாமி ✓	 K. Sankaranarayanan
5.	ம.விஜயசிவசுந்தரம் ✓	M. Vijaya Sivasundaram
6.	A. சந்திரமணி ✓	A. Chandramani
7.	சு.சுந்தரமணி ✓	S. Sundaramani
8.	சு.சுந்தரமணி ✓	S. Sundaramani
9.	சு.சுந்தரமணி ✓	S. Sundaramani
10.	L. Rajkumar ✓	
11.	ஸா. சிவசுந்தரமணி ✓	Sa. Sivasundaramani
12.	B. ராஜசுந்தரம் ✓	B. Rajasundaram
13.	சு. சந்திரமணி ✓	S. Chandramani
14.	A. சந்திரமணி ✓	A. Chandramani
15.	R. சந்திரமணி ✓	R. Chandramani
16.	V. சந்திரமணி ✓	V. Chandramani
17.	S. சந்திரமணி ✓	S. Chandramani
18.	R. சந்திரமணி ✓	R. Chandramani
19.	K. சந்திரமணி ✓	K. Chandramani
20.	S. சந்திரமணி ✓	S. Chandramani
21.	C. சந்திரமணி ✓	C. Chandramani
22.	P. சந்திரமணி ✓	P. Chandramani
23.	S. சந்திரமணி ✓	S. Chandramani



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CAMPUS EVENT REPORT

1.	Department	Department of Commerce
2.	Activity (Seminar / Workshop / Conference / FDP / Guest Lecture / Competitions / Sports / Cultural / Exhibition / Training Programme)	Training Programme
3.	Title	Capacity Building and Personality Development Programme
4.	Geographical Coverage (State level / National level / International level / College level / Department level / Inter Collegiate / Inter Department / Village level / Town level)	College Level
5.	Theme	To enhance capacity building and personality among the students
6.	Total Expenditure	45,000 Rs
7.	Funding Agency (ies)	National Commission for Women, New Delhi
8.	Total No. of Participants	500
9.	Programme Summary: A training programme on “Capacity Building and Personality Development Programme” was organized for the benefit of UG/PG girl students on 18 th , 20 th and 22 nd November, 2021 and on 12 th April 2023. for enhancing capacity building and personality among the students. The technical session covered personal capacity building, listening and brainstorming, time management and stress management, internal communication and group discussion, professional career skills, resume preparation, interview and presentation skills, digital literacy and effective use of social media. More than 500 students participated in the programme and got benefited.	



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CAMPUS EVENT REPORT

1.	Department	Department of Commerce
2.	Activity (Seminar / Workshop / Conference / FDP / Guest Lecture / Competitions / Sports / Cultural / Exhibition / Training Programme)	Training Programme
3.	Title	Effective Life Skills in Enhancing the Competence of Youth for Peaceful and Inclusive Societies
4.	Geographical Coverage	State Level
5.	Theme	To impart Life skills and social attitude for the youth
6.	Date	09.03.2022 to 11.03.2022
7.	Total Expenditure	75,000 Rs
8.	Funding Agency (ies)	Rajiv Gandhi National Institute of Youth Development
9.	Total No. of Participants	44
10.	Programme Summary:	<p>The training programme was designed keeping in view the requirements of the youth in Tamilnadu.</p> <p>A Three-day training Programme on “Effective Life Skills in Enhancing the Competence of Youth for Peaceful and Inclusive Societies” sponsored by Rajiv Gandhi National Institute of Youth Development was organized by Virudhunagar Hindu Nadars' Senthikumara Nadar College (Autonomous), Virudhunagar on 9th, 10th and 11th March 2022 in order to impart Life skills and social attitude for the youth. It is also creates a life plan to equip them. Initially the first information circular about the conduct of the programme was initiated to all colleges. Students totaling a number 44 from 6 colleges took part in the programme.</p> <p>The first session entitled “Positive attitude” was handled by Dr.V. Muthu Ruben, Associate Professor, School of Law, Christ University, Bangalore.</p> <p>The second session is on “Leadership and Personality Development”. Dr.V.Muthu Ruben resource person, Associate Professor, School of Law, Christ University, Bangalore handled the session, he insisted how to solve problems, ability to motivate and how to have a wider vision.</p>



The third session was handled by Dr. David Arputha Raj, Assistant Professor of English, Bharathiar University, Coimbatore. He took a session on “**Language as a means to build an inclusive society**”. He highlighted on Language, Creativity in Language, 4 stages of creativity such as preparation, Incubation, illumination and Verification stage.

The fourth session was taken by Dr.David Arputha Raj, Assistant Professor of English, Bharathiar University, Coimbatore on “**Interview Skills**”. The resource person highlighted on preparation, punctuality, professionalism, listening, how to ask questions and develop confidence.

The fifth session was taken by K.G.Gurusamy, JCI Trainer, Virudhunagar on “**Discover your Signature**” . The resource person stressed that the signature should feel the essentials to who you are as a person, develop creativity and should be original and adaptive.

The sixth session was handled by Sri. A.Nedunchezian, Sr.Engineer, Southern Railway. GOC, Trichy. He insisted on “**Stress Management and Communication Skills**”. He cited that Stress can be defined as any type of change that causes physical, emotional, or psychological strain. Stress is your body's response to anything that requires attention or action.

Sri A.Nedunchezian, Sr. Engineer, Southern Railway, GOC, Trichy handled the seventh session. In his session he dealt on “**Communication skills**”.

Dr.Bini Maran, Associate Professor, Business Studies and Centre for Research, Scott Christian College, Nagercoil, Tamilnadu, handled the eighth session. She insisted on “**Peer Pressures and Security Skills**”, how to act in group discussions, importance of internal communication in organization, process and direction of communication, helpful language indicators and peer pressure and security issues at workplace.

The ninth session was handled by Dr.P.Sami, Associate Professor , Dean student services, V.H.N.S.N College (Autonomous), Virudhunagar on the topic “**Brain Storming**”. He highlighted on Brain Storming techniques.

Dr.P.Sami, Associate Professor, Dean student services handled the tenth session. He delivered his contents on “**Creative thinking and decision making**”.

Mr.Prem Shankar, Assistant Professor, V.H.N.Senthikumara Nadar College (Autonomous), Virudhunagar handled the Tenth session titled “**Digital Literacy and Effective use of Social Media**”.



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CAMPUS EVENT REPORT

1.	Department	Commerce
2.	Activity (Seminar / Workshop / Conference / FDP / Guest Lecture / Competitions / Sports / Cultural / Exhibition / Training Programme)	One Day Workshop
3.	Category of Activity (1. Soft Skills, 2. Language and Communication Skills, 3. Life Skills (Yoga, Physical fitness, Health and Hygiene, 4. Awareness of Trends in Technology)	Career Counselling sessions
4.	Title	PROMOTION OF WORK FOR HOUSEWIVES: CAREER COUNSELLING SESSIONS FOR HOMEMAKERS'
5.	Geographical Coverage (State level / National level / International level / College level / Department level / Inter Collegiate / Inter Department / Village level / Town level)	Town Level
6.	Theme	The career skill aims at empowering the homemaker with ability to prepare an appropriate resume, addressing the necessary gaps for facing interviews and actively and effectively presenting their skill set thereof, etc. It is also of significant importance that the home makers possess the knowledge in exploring career opportunities for themselves, considering their innate strengths and weaknesses.
7.	Date	19 th September 2022
8.	Venue	Virudhunagar Hindu Nadars' Senthikumara Nadar College (Autonomous), Virudhunagar
9.	Total Expenditure	80,000/-
10.	Funding Agency (ies)	National Commission for Women, New Delhi
11.	Total No. of Participants	Outstations Participants: 60



VIRUDHUNAGAR HINDU NADARS' SENTHIKUMARA NADAR COLLEGE

(An Autonomous Institution Affiliated to Madurai Kamaraj University)

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Virudhunagar – 626 001.

12.	Publication Type (Proceedings / Edited Book / Technical Note / Handout / others)	Handouts
13.	Resource Person (s) with designation & Official address	1 .Mrs.Jeba Christina, Virudhunagar Advocate Association, JJB Member. 2. Dr.S.Mangaiyarkarasi, Assistant Professor of English, ST.Hindu College, Nagercoil 3. Thiru. Nicholas Francis, CAN HR, Madurai Mrs.C.Akila, Home baker, Chennai 4. Sangeetha Murugesan founder, CEO. 5. Mr.Prem Sankar, Assistant Professor in Computer Application, VHNSN College.
14.	Co-ordinator Name / Convenor name	Dr.S.Muthulakshmi Dr.J.Kamatchi Eswaran
15.	Attach the Invitation / Circular	Attached
16.	Attach Geotagged Photographs	Attached
17.	Attach list of participants	Attached
18.	Target group of the Programme The Programme covered the Housewives from Virudhunagar District. Nearly 60 homemakers in and around Virudhunagar participated in the one day workshop on “ Promotion of Work for Housewives: Career Counselling Sessions for Home Makers ” Programme Summary The flagship of the training programme was held on 19 th September, 2022. Dr.B.Ravichandran Head and Associate Professor, Department of Commerce welcomed the gathering. Thiru V. Palanichamy, President VHNSN College managing board delivered the presidential address. Thiru M.D.Sarparajan, Secretary inaugurated the function. Thiru V.P.P.K.V.N. Rajamohan Vice President , Tmt G.Ramya Vice President, Thiru S.S.S.A.S Sakthi Babu, Treasurer felicitated the gathering. Dr.P.Sundara Pandian insisted In his inaugural address he insisted the importance of entrepreneurship and thanked the National Commission for Women for granting funds to conduct a workshop on Promotion of work for housewives: Career Counselling Sessions for Homemakers’.The Key note address was delivered by Dr.S.Muthulakshmi, Convener of the programme. In her key note address she highlighted that the	



National Commission for Women has initiated 'Second Innings Movement' which will focus on promotion of work for housewives by career counselling session for home makers. She added that the workshop will focus on best employment opportunities available for the target group and sincerely thanked the Chairman of National Commission for Women Ms.Rekha Sharma and Neha Singh, Counsellor, Capacity Building Cell, National Commission for Women, New Delhi for accepting the proposal and sanctioning the funds. The Principal Dr.P.Sundara Pandian felicitated the gathering. He addressed on Business management skills. He insisted that the home makers have to develop teamwork, leadership skills, communication and listening, customer service skills, financial skills, problem solving skills and critical thinking skills which are great impetus for developing entrepreneurial skills.

The first session entitled "Legal Rights for Women" was handled by S.Jeba Christina, Virudhunagar Advocate Association Bar, JJB Member discussed on Constitutional Rights to Women. She discussed on The state shall not discriminate against any citizen of India on the ground of sex [Article 15(1)]. The state is empowered to make any special provision for women. In other words, this provision enables the state to make affirmative discrimination in favour of women [Article 15(3)]. No citizen shall be discriminated against or be ineligible for any employment or office under the state on the ground of sex [Article 16(2)]. Traffic in human beings and forced labour are prohibited [Article 23(1)]. The state to secure for men and women equally the right to an adequate means of livelihood [Article 39(a)]. The state to secure equal pay for equal work for both Indian men and women [Article 39(d)]. The state is required to ensure that the health and strength of women workers are not abused and that they are not forced by economic necessity to enter avocations unsuited to their strength [Article 39(e)].

The second session was handled by Dr.S.Mangaiyarkarasi, Assistant Professor in English, ST. Hindu College, Nagercoil, Tamilnadu, India. The resource person dealt on Ideas, Transparency, Risk taking in business. The resource person also highlighted how to start a business. The resource person also stressed on Curiosity. Real innovation comes from thinking outside the box, Resilience, Creativity, Web development, Financial skills, Project planning and strategizing, Digital marketing and Managerial and leadership experience.

- ☉ Mr.Nicholas Francis, CAN, Human Resource trainer dealt on leadership and teamwork. The resource person stressed on Attitude, Belief, Commitment. The resource person also highlighted on the importance of team work in business. He added that managing business is Managing People, Function of the Business is complex, Networking



of Professionals, Sharing Dream and pain and Scalability and Sustainability. Teamwork

- ⊙ Dependability
- ⊙ Adaptability
- ⊙ Conflict resolution
- ⊙ Flexibility
- ⊙ Leadership
- ⊙ Problem-solving
- ⊙ Research
- ⊙ Creativity
- ⊙ Work ethic
- ⊙ Integrity

The third session was handled by C.Akila, Home baker, Chennai, Tamil Nadu, India and Sangeetha Murugesan, Founder, CEO of PM Bakers. They trained the home makers on preparation of Home Made Products. The resource person made the home makers prepare soaps, Brownie cakes, chocolates and soap powders.

The fourth Session was handled by Mr.R.Prem Sankar Assistant Professor in computer Applications, V.H.N.Senthikumara Nadar College (Autonomous), Virudhunagar. The resource person shared impetus on Impact of Business in Society.

Dr.P.Sami, Associate Professor , Dean student services handled the tenth session. She delivered his contents on “**Creative thinking and decision making**”. The eleventh session was handled by Dr.P.Sami, Associate Professor, Dean student services handled the twelfth session. He delivered his contents on creative thinking and decision making

The valedictory function took place on 11.03.2022. Dr.G.Senthil, Associate Professor Welcomed the gathering. College President Thiru V.Palanichamy delivered the presidential address. The key note address was delivered by Dr.Anbu. Kavitha, Assistant Professor, Rajiv Gandhi National Institute of youth Development, Ministry of Youth Affairs and Sports, Govt. of India, Sriperumbudur, Tamil Nādu -602105. She detailed the RGNIYD functions as a vital resource centre with its multi-faceted functions of offering academic programmes at Post Graduate level encompassing various dimensions of youth development, engaging in seminal research in the vital areas of youth development and coordinating Training Programmes for state agencies and the officials of youth organization, besides the Extension and Outreach initiatives across the country. She also explained that the Institute functions as a think-tank of the Ministry and premier



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organization of youth-related activities in the country. As the apex institute at the national level, it works in close cooperation with the NSS, NYKS and other youth organizations in the implementation of training programmes. The Institute is a nodal agency for training youth as a facilitator of youth development activities in rural, urban as also tribal areas. The RGNIYD serves as a youth observatory and depositary in the country thereby embarking on youth surveillance on youth-related issues. It has a wide network with various organizations working for the welfare and development of young people and serves as a mentor. She also explained that Life skills programs have been shown in increasing the earning potential of the young people and in improving education outcome for youth. Recent research has demonstrated that life skills program strengthens the young people's abilities in many areas that employers are particularly important when hiring new employee. Employer often report a higher-level satisfaction with entry level employees who have gone through life skills training what those who have not. It also changes personal behaviour and social attitude of the youth. Life skills program allow youth to create a life plan and equip them with the skills to take steps toward achieving the goals. They also help young people to better understand healthy personal behaviour, thus decreasing outcomes such as teen pregnancies, drug, alcohol abuse and interpersonal skills. As a result, they help to increase young people's sense of self-esteem and expectations for their future and future of their children.

Dr.P.Sundara Pandian, Principal, V.H.N.Senthikumara Nadar College (Autonomous), delivered the valedictory address. The college Secretary Thiru M.D.Sarparajan, treasurer Thiru S.S.S.A.S. Sakthi Babu, Co-ordinator of Self -finance Programmes delivered the felicitation address. Dr.S.Muthulakshmi, Assistant Professor and Activity Co-ordinator of the training programme delivered the vote of thanks.



Captain Dr. P. SUNDARA PANDIAN
PRINCIPAL
VIRUDHUNAGAR HINDU NADARS'
SENTHIKUMARA NADAR COLLEGE
(AUTONOMOUS)
VIRUDHUNAGAR - 626 001

Registration Form

Name of the Participant:

Qualification: :

Address :

:

Mobile No :

E-Mail Id :

Date: Signature

General Instructions

Participants will be provided Material, Lunch and Refreshment. No T.A/ D.A will be provided.

Organising Committee Member

Dr. G. Senthil

Dr. V.Manohar

Dr.C.Chelladurai

Dr.S.Maheshwari

Mrs. R.K. Manju @ Mahalakshmi

Dr. R. Jeyanthi

Dr. R. Shanthi

Mrs. P. Geetha

Dr. R. Shobana Devi

Dr.N.Vijayalakshmi

Mr.A.Nagavaratharajan

Mrs.B.Jeyalakshmi

Mrs. N.Padmavathy

Contact**Dr.S.Muthulakshmi**

Assistant Professor of Commerce

VHNSN College (Autonomous)

Virudhunagar

Ph.No. 9843005699**Patron****Thiru M.D.Sarpparajan, B.B.A.**

Secretary & Correspondent,

Thiru V.Palanichamy, B.A.

President

Thiru V.P.P.K.V.N.Rajamohan, B.B.A.

Vice President

Tmt G.Ramya B.A.,

Vice-President

Thiru S.S.S.A.S.Sakthi Babu, B.B.A.

Treasurer

VHNSN College Managing Board**Chairman****Dr.P.Sundara Pandian**

Principal

Dr.R.Palaniappan**Co-ordinator, Self Finance Programmes****Programme Co-ordinator****Neha Singh**

Counsellor

Capacity Building Cell

National Commission for Women

New Delhi

Organizing Secretary**Dr.B.Ravichandran**

Head & Associate Professor of Commerce

Conveners**Dr.S.Muthulakshmi,**

Assistant Professor of Commerce

Dr.J.Kamatchi Eswaran

Assistant Professor Commerce

**Virudhunagar Hindu Nadars'
Senthikumara Nadar College***(An Autonomous Institution, Affiliated to Madurai
Kamaraj University)***(Accredited with "A" Grade by NAAC)****49th Rank at College Category in NIRF****Ranking by 2022*****Low-Cost Access to High Quality
Education*****Virudhunagar****Promotion of Work for House Wives:****Career Counselling Sessions for****Homeworkers****in collaboration with****National Commission for Women****19th September, 2022****Monday****Venue: Multimedia Hall****Organised by****Department of Commerce****V.H.N.S.N College (Autonomous)****Virudhunagar**

About the College

Virudhunagar Hindu Nadars' Senthikumara Nadar College, the sanctum of knowledge was founded in 1947. Ever since, the awe-inspiring institution with its celestial vision has been shaping every generation to reach skylights in their lives. The Institution has attained an eminent status with 25 UG, 15 PG, 13 M.Phil. and 10 Ph.D Programmes. The UGC granted Autonomous status to the institution in 2012. The College is accredited with 'A' Grade by NAAC in the fourth cycle of accreditation. The institution has secured 49th rank in NIRF Ranking 2022 in College category by the Ministry of Human Resource Development, New Delhi. To add few more feathers to its cap, the College has been recognised as a DST - FIST sponsored College and DBT STAR College. Today, after 75 years of its inception, VHNSN College has grown from strength to strength, scaling new heights and crossing many milestones on the academic road. Even a casual glance at the campus of this college will speak volumes for its multidimensional development. The College of 150 acre campus comprises of sufficient infrastructure, to satisfy the need of curricular, co-curricular and extra-curricular activities.

About the National Commission for Women

The National Commission for Women (NCW) is the statutory body of the Government of India, generally concerned with advising the government on all policy matters affecting women.

It was established on 31st January 1992 under the provisions of the Indian Constitution, as defined in the 1990 National Commission for Women Act.

The National Commission for Women provides financial support for conducting Seminars/Conferences / Workshops / Webinars to Colleges, Universities, State Commissions for Women, Non-governmental organizations, etc., with the objective of getting an insight into the relevant subject and also throwing up recommendations for better implementation or even modification of the existing policies/ programmes / schemes/projects relating to welfare and empowerment of women. Such programmes also provide a forum for sharing knowledge, information and experience of participants and resource persons on the subject. Such experience sharing could be helpful in better dissemination of the required information and also lead to better execution of schemes, etc. at the ground level.

About the Programme:

The goal of Career Counseling is not only help you make the home makers to take decisions by imparting knowledge and skills. The objective of the programme is to impart career guidance to acquaint individuals with their occupational choices. The programme will make them aware of work demand and improve the potential of the home makers. Therefore, the home makers need not stress anymore about the short term and long term goals. This will lead to the empowerment of the home makers.

Programme Schedule

Date: 19.09.2022 9.30 am to 04.00 pm

Inauguration 09.30 am

Resource Person

S.Jeba Christina

Topic: Legal Rights

Virudhunagar Advocate Association Bar, JJB Member

Dr.S.Mangaiyarkarasi

Assistant Professor of English

ST Hindu College

Nagercoil

Topic: Business Skills

Dr.V.Muthu Ruben,

Associate Professor

School of Law

Christ University

Bengaluru

Topic: Leadership & Team Work in Business

C.Akila

Home Baker

31 c/7

Azees 4th

Thiruvanamalai, Tamilnadu 606 601

Contact

Dr.S.Muthulakshmi

Assistant Professor of Commerce

VHNSN College (Autonomous)

Virudhunagar

Ph.No. 9843005699

E-Mail Id : muthulakshmi@vhnsnc.edu.in

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भारत सरकार
राष्ट्रीय महिला आयोग
प्लॉट नं. 21, जसोला इंस्टीट्यूशनल एरिया
नई दिल्ली-110 025
GOVERNMENT OF INDIA
NATIONAL COMMISSION FOR WOMEN
PLOT NO. 21, JASOLA INSTITUTIONAL AREA,
NEW DELHI-110 025
Website : www.ncw.nic.in

F. No. 5-1/16/2021-22 WW&CB (NCW)

Date: 06/07/2022

To,

Dr. S.Muthulakshmi
Virudhunagar Hindu Nadars'
Senthikumara Nadar College (Autonomous),
Virudhunagar 94, Avvaiyar Street
Virudhunagar Tamil Nadu 626001
(9843005699, muthulakshmi@vhnsnc.edu.in)

Subject: 'Promotion of Work for Housewives: Career Counselling Sessions for Home Makers';

Madam/Sir,

Please refer to the proposal submitted by you to the National Commission for Women for organising 'Career Counselling Sessions for Home Makers' on the above mentioned subject. I am happy to inform you that the Commission has approved your proposal for conducting 'Promotion of Work for Housewives: Career Counselling Sessions for Home Makers' with a financial assistance restricted to **Rs. 80,000 (Rupees Eighty Thousand only)**.

2. In order to enable the Commission to process the matter further, following documents/information are required to be made available to the Commission 05 days via email of the issue of this letter which has also been emailed to you:

- I. Undertaking in the prescribed format on a Rs 100 Stamp paper(**Annexure-I**)
- II. Details for linking of PFMS with NCW in the prescribed format (**PPT of the same has been sent with the email**)

3. The sanctioned amount shall be released in two instalments as under:

- I. 50% in advance on meeting the requirements mentioned in para 2 above. If no response is received within 15 days of the issue of this letter, the approval will be deemed to be cancelled.

- II. The balance 50% on receipt of the satisfactory seminar report in the prescribed format and on submission of the following documents:
 - A. Utilisation Certificate (As per GFR 12-A)
 - B. Item wise Expenditure Statement
 - C. Original Bills and Vouchers

4. It may be noted that the sanction may be rejected and amount released may be recovered any time in case, the grantee organisation fails to conduct the **Workshop** or fails to submit the satisfactory, hard bound **Workshop** report including the following details:
 - I. Detailed session wise summary of the proceedings of the **Workshop**.
 - II. Gist of deliberations made/information shared by the Resource Persons.
 - III. Full recording of the **Workshop**.
 - IV. List of Participants with their names, addresses, contact number and email addresses.
 - V. Feedback of the participants who attend the Workshop.
 - VI. List of Resource Persons along with their designation and contact details (At least 60% Resource Person as mentioned in the proposal must participate in the workshop)

5. Commission shall depute an officer/observer to ensure adherence with the stipulated guidelines and presence of the qualified resource persons. **The Workshop must be conducted within four months from date of receipt of sanction order.**

6. It may also be noted that it may take at least one month to release the first instalment after receipt of the requisite information/documents from you.

7. It is mandatory to submit the requisite documents under Para 3 (II) within 1 month of conducting the seminar or else the sanction amount may be forfeited.

8. Please quote the reference number of this letter in future correspondence and also ensure that the organisation is registered under PFMS and linked with NCW, otherwise payment cannot be made.

9. For further details you may send an email to neha.nw@gov.in

Encl: As Above

Yours faithfully,



(Shivani Dey)

Under secretary



Virudhunagar Hindu Nadars' Senthikumara Nadar College
(An Autonomous Institution Affiliated to Madurai Kamaraj University)
(Re-Accredited with "A" Grade by NAAC)
Low Cost Access to High Quality Education
Ranked 49th in College Category by NIRF 2022
VIRUDHUNAGAR - 626 001

Department of COMMERCE
With the support of
NATIONAL COMMISSION FOR WOMEN
Organizes One Day Workshop

PROMOTION OF WORK FOR HOUSEWIVES: CAREER COUNSELLING SESSIONS FOR HOMEMAKERS

Dates: 19th September 2022

Venue: V.H.N.S.N College(Autonomous), Virudhunagar

Sl.No	Name of the Participant	Address	Phone No	Husband Name & Occupation	Aadhar No	E-Mail ID
1	R. TAMIZHSELVI	6/932-A, TAMIL KUDIL, RAILWAY FEEDER ROAD, KALLIGUDI - 625 701 MADURAI - DIST	9976488779	V.S. VENKATESH KUNAR BUSINESS (TAMIL FOODS)	5618 98965814	venthamil@gmail.com
2	P. BHARATHI	6/535-A, KALLUPATTI ROAD, KALLIGUDI - 625 701 MADURAI - DIST	9865022515	A. PAUL PANDI (BUSINESS)	9894 66603704	bharathipaulpandi1975 @gmail.com
3	S. UMADEVI	6/678, Madurai main road, KALLIKUDI - 625701 MADURAI DISTRICT.	9943595760	S. SENTHIL SELVANI (BUSINESS)	904923042462	deviselvan121979@ g.mail.com

4	R JAISRI BHAVANI	Doco no 9/188. Suryanagar, Agathapattivilage, Kalligudi, Madurai-625701	9791595301	R. DHANARAJAN Assisanti Agricultural officer (DAO)	973712696219	jaisri 107@gmail.com
5	S. AROCKIA JULIET PREETHA	6/1082-5, Anuman nagar, Allampatti, Virudhunagar 626001	8056757333	Dr. N. Nirmal Kumar Asst. Prof. VIINSN college	413860991049	julietpreetha@gmail.com
6	S. SHEELA	1/1A/15, K. Usilampatti Anumanagar, Virudhunagar	8754098145	D. Saravanan, Business	323293510269	kutysaraloti@gmail.com
7	C. DHIRANI	45/36 L.J.G. Colony, (Municipal colony) Virudhunagar	9791622377	M. Chandram Retd. Professor	575867031846	nmedharani@gmail.com
8	K. Pragna	2/139, Modern Nagar, Collectorate, VNR-2	994255777	A. Manikandan, QC Inspector	254590819530	santhoshalaya@gmail.com
9	S. PRAVEENA	12-2/1, Asa Ayammal Nagar Psc school back side Virudhunagar	9843257690	P. Senthil Kumar Dindigul ACLS Logistics manager	571723284621	Praveenajanani@gmail.com
10	S. SIVASUNDARI	92/2 Ranganathapuram Virudhunagar	9578828011	T. Shunmugavel VHN Polytechnic Staff	347080808551	
11	K. JANIRANI	77 Mathusamy Street, VNR	8072248954	B. Koodalingam, VH N.S.N. College, Assistant	31430503869	ANKPKoodalingam@gmail.com
12	S. Sujatha	6/993-2, Hanuman Nagar Allampatti, Virudhunagar	9843967234	S.C. Sankar Pandian U.H.N.S.N. college, O.S	912081635245	Sujisankar102@gmail.com
13	M. Jayashankari	M-6/14-28 SUPNS colony Aruppukottai Road VNR	9025362018	Dr. M. Manohar Asst. Prof. VIINSN college	601633956225	Shining Starlets Play school@gmail.com
14	R. Mahalakshmi	2/198-1 1st street Periyarallikam - VNR	99948658834	T. R. Raj Kumar Business	69268827874	

15	S. PRIYA	12/3A P.P. Vaidyapuri Nandhavanam St, Virudhunagar	9787178254	N. RAVI SANKAR (BUSINESS)	5158 9968 5370	priyashinivesh81 @gmail.com
16	J. Uma Maheswari	65, Senthil Vinayaga Puram 2 nd Street, Vnr	9842186651	D.S. Janakan (BUSINESS)	4875 8363 5423	Umajana521 @gmail.com
17	S. Kalsiyaras	15. Pitchandi street Avisiyas Street VNR	9659807067	T. Sudalai vel (Idayam staff)		kalaisudalai2010@ gmail.com
18	G. Lakshmi	145/40 Senthil Vinayaga Puram, 2 nd Street, Virudhunagar	9952792255	P. Ganathi Rajan CGPS Packer at Post Office	93208406 5474	lakshmi.ganathi.2015@ gmail.com
19	G. Kabanwari	145/40, Senthil Vinayaga Puram 2 nd Street, Virudhunagar	9944763740	P. Ganathi Rajan CGPS Packer at Post Office	28128076 0847	-
20	Priya Santhosh	6/619/2, Nethaji Street Lakshmi Nagar Virudhunagar	9487569581	M. Santosh Kumar Civil Engineer	63203326 8181	Priya Santhosh 1982@gmail.com
21	K. Indhira	1/623/21 Gandhi Nagar Pardhan Nagar Virudhunagar	8680965090	S. Kalidoss Cable & Fiber Internet Business	8870855366	indhira.indhira.bh41 @gmail.com.
22	R. Shanthi	1/619/10 Gandhi Nagar Pardhan Nagar Virudhunagar	9442250917	M. Ramachandran Marketing	9500252403	873358786@ gmail.com
23	B. Mahalakshmi	114/ B04 A, Katchery Velusamy Nagar Road, Virudhunagar.	9786252848	M.S. Life	99472652848 2138 95544995	Crown babe@ gmail.com
24x	Mrs. SARITA MOHANDASS	w/o Rev Mohandass 798 Azud college Kerappampalayam Nagar VNR	944 24 690 70	Pastor M. Mohandass Seppa	3092629393 9442438195	Sarita Saran@ gmail com Sarita Saran@ gmail
25	N. Sujatha Vagavel	6/1129-7 Gandhi Nagar Allam Patti V. N.R.	7200410651	P. Nagavel Electrician	5048447569	Tha.Sujatha@gmail. com

26	Miss R. Prabavathy	Miss R. Prabavathy D/o S. Rathinasamy 9(5/3) Kabilar St, Allampatti, Virudhunagar	9363298543	D/o S. Rathinasamy	88324269 ³²⁴²	rrprp55986@gmail.com
27	M. Mari Selvi	M/o S. Hari Pradi Rajan, 133/3 Puffalakkottai road, Virudhunagar	7010712143	D/o D. Murugan	50698386700	Hari.raja 8898@gmail.com
28	M. DEVIKA	109, SMG School Street, Virudhunagar	9344435505	R. Raja Ram (Professor)	749114071282	devikamurugeshkumar @gmail.com
29	N Lalitha	6/1316 O. Pavalala Malle Street, VNR	9944351113	R. Prem Sankar (Professor)	9805 8511 3479	lalli.Pappu. 6@ gmail.com
30	R. Hema	83, Sulochan Street Virudhunagar	8825433069	S. Ravichandran	827160734813	hemachandran 817 @gmail.com
31	S. Balamaheswari	3/973-23, Muthurama Linganadai VNR	6374748316	R. Venkat	7358945970	balavenkat2017@gm.esi com.
32	L. Ramasubbalakshmi	3/1071-9 Muthuramalinga Sivakasi Road Virudhunagar	9786902024	G. Lakshmanan	9345694371	—
33	F. Revathi	3/976-#2B Muthurama Linganagar Siv Kasi Road virudhu	9677908992	T. Pandiselvam	9487662315	—
34	G. Malaz vizhy	10/f-23 Narayana - - madam st. V.N.R	9894984037	S. Ganesan	9894984037	Malaz ganesh Malaz ganesh@
35	G. KARANYA	6/112 Padakuppatti, Palavanthom V.N.R	9305168013	P. Ramesh (Chemist)	485713224 - 793	deeranija as@ gmail.com
36	S. Hemalatha	7/1133 Yada Kupatti Palavanthom Virudhunagar	9965310677	R. Manikandan (mechanical potter)	3286 80425 - 999	hemalatha 9965310677@ gmail.com
38	E. Karthi	36 M k Ayyan street Virudhunagar.	9976810818	—	78993814	—

1960

39x	Surita Sudhakar Jagdale	8220887189	B. Sudhakar 4/c shivsangan street. VNR	B. Sudhakar Business	2885 9077 7842	
40	Sridhar Natesan	7708986377	M. J. A M. J. A SVANS Colony	Dr. B. Mari Raj Professor.		
41	R. Geetha Selvi	8939641617	154/102c Madawamy Kavil Str. Rajp.	R. S. S. D. Ram Kumar Business		
42	D. Meen Sakenthob	9489781442	14/15B S. U. P. N. Colony Virudhunagar	Meen Sami		
43	A. Karthikey Selvi	8870002087	Plot. no: 37 Balajinagar Thi. Suppalai Madurai	D. Arunvel (Engineer) D. Arunvel	545570076650	
44	J. Boobalakrishni	6380266248	4/824 Kanthan Street. Allapali Virudhunagar	H. Jayakumar Business	8384 97593147	
45						
46	M. Shammug Priya	9491067137	3/974 Kannakudi Street	M. Muthu Selvam Business	5326 4105 1756	
47	S. Krishna Kumari	7010577977	3/1069-3 New Sivakasi road Virudhunagar	Dr. A. Selvam Associate Professor VHNSNC		
48	S. Sangeetha	9047055878	8/26 Patel Road VNR	H. G. A. LIC of India Sivakasi		
49	T. Chirumakini	8015894260	4/53-1, M. S. Venkatesh M. S. Venkatesh (P) VNR	I. Mangaraj R. S. S.	569594364151	
50	R. Bharathi	9548819439	2/120 Senkothai Senkothaiapuram (P) VNR	Ramalingam manager	8229478205	Harthi yb@gmail.com

51	R. KAUSALYA	157 A Ashok Talkies RASAPALAYAM Road	9080974273	KAUSALYA RAM Kumar Business		
52	J. M. Eswari	26/1 Kumaran street Virudhunagar	8903954178	Tiger Printer System Solar Business	5771 9359 9247	eshusakti16@ gmail.com
53	J. M. Jesanthi Daid	5/1133, 'Rudra House' Muthira Nagar VNR	9080164089	Adhavan Balaji. + IT Manager @ Sony	5757 67656685	mjesanthi@gmail.com
54	M. M. Maheswari	1/4995/1, Jakikammal Puram, Virudhunagar	8220362481	E. Muthukappasamy Surveyor	5612 6605 5463	maheswari.mm@gmail.com
55	B. M. AMUTHA	64, Karthikeyam St. VNR	9500258340	U. Senthil Kumar Alignment work	9884 7687 4482	amthabalamurugan@gmail.com
56	T. Chermakani	4/53-1, M. Sevelpatti MEXAOT (P) VNR	8015894260	I. Thangaraj LNT Finance	7358 04 3371	chermakani + thangaraj@gmail.com
57	M. Rajiyammal	1/139#6 K. K. S. S. Nagar Virudhunagar	6385918880	Marikani Tailor	5025199056 36	marikani@gmail.com
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VIRUDHUNAGAR HINDU NADARS' SENTHIKUMARA NADAR COLLEGE

(An Autonomous Institution Affiliated to Madurai Kamaraj University)

[Re-accredited with 'A' Grade by NAAC]

Virudhunagar – 626 001.

CAMPUS EVENT REPORT

1.	Department	Department of Commerce
2.	Activity (Seminar / Workshop / Conference / FDP / Guest Lecture / Competitions / Sports / Cultural / Exhibition / Training Programme)	Training Programme
3.	Title	Capacity Building and Personality Development Programme
4.	Geographical Coverage (State level / National level / International level / College level / Department level / Inter Collegiate / Inter Department / Village level / Town level)	College Level
5.	Theme	To enhance capacity building and personality among the students
6.	Total Expenditure	45,000 Rs
7.	Funding Agency (ies)	National Commission for Women, New Delhi
8.	Total No. of Participants	500
9.	Programme Summary: A training programme on “Capacity Building and Personality Development Programme” was organized for the benefit of UG/PG girl students on 18 th , 20 th and 22 nd November, 2021 and on 12 th April 2023. for enhancing capacity building and personality among the students. The technical session covered personal capacity building, listening and brainstorming, time management and stress management, internal communication and group discussion, professional career skills, resume preparation, interview and presentation skills, digital literacy and effective use of social media. More than 500 students participated in the programme and got benefited.	



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