


















# VIRUDHUNAGAR HINDU NADARS' SENTHIKUMARA NADAR COLLEGE

(An Autonomous Institution Affiliated to Madurai Kamaraj University)

[Re-accredited with 'A' Grade by NAAC]

Virudhunagar – 626 001.

## 2.3.1 Experiential Learning – Outreach / Extension Programmes 2018-2019








S.No.	Name of the Activity	Organising unit/ Forum/ Collaborating agency	Date of the activity	No. of Students Participated	Link
1.	Awareness on Environmental Production and Global Warming	NCC&NSS	05.06.2018	6	
2.	Rally -TN Skill Development	NSS	09.07.2018	100	
3.	Mini Marathan	NCC	16.09.2018	25	
4.	Cleaning Work at Adopted Periyavalli Kulam Village (Swachhata Hi Seva)	NCC	19.09.2018	20	
5.	Cleaning Important Monuments at Virudhunagar (Swachhata Hi Seva)	NCC	20.09.2018 - 21.09.2018	20	
6.	Cleaning Work at Selected Places in Virudhunagar (Swachhata Hi Seva)	NCC	22.09.2018	10	
7.	Cleaning And Sapling Plantation at Kuloorsandhai Panchayat (Swachhata Hi Seva)	NSS, NCC& Caring Nature	28.09.2018	66	
8.	Cleaning Work - Important Parks at Virudhunagar	NCC	13.12.2018	30	
9.	Sapling Plantation at Chinnamoopanpatti Village	NSS, Caring Nature and Rotary Club Of Virudhunagar Elite	15.12.2018	33	
10.	Cancer Awareness Cycle Rally	NSS,NCC	11.01.2019 to 13.01.2019	31	
11.	Cleaning Work at Unja V. Dhanasamy Parimala Devi Old Age Home	NSS,NCC	24.01.2019	35	
12.	Orphanage Home Visit - Anbu Illam	Commerce (SF)	26.01.2019	30	
13.	Cycle Rally on Environmental Awareness	NSS	09.02.2019	31	
14.	Science Expo	Chemistry	10.07.2018 - 11.07.2018	431	
15.	Blood Donation Camp	YRC, NSS, NCC, RRC&V.Dhanasamy - Parimala	13.07.2018	101	

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S.No.	Name of the Activity	Organising unit/ Forum/ Collaborating agency	Date of the activity	No. of Students Participated	Link
		Devi Medical Trust Blood Bank, Virudhunagar			
16.	Tree Plantation Programme	NCC	03.08.2018	15	
17.	Road Safety Awareness Programme	NSS, Rotary Club	18.09.2018	150	
18.	Blood Donation Camp	YRC, NSS, NCC, RRC&V.Dhanasamy - Parimala Devi Medical Trust Blood Bank, Virudhunagar	19.09.2018	100	
19.	Blood Donation Camp	YRC, NSS, NCC, RRC&V.Dhanasamy - Parimala Devi Medical Trust Blood Bank, Virudhunagar	11.10.2018	42	
20.	Blood Donation Camp	YRC, NSS, NCC, RRC&V. Dhanasamy - Parimala Devi Medical Trust Blood Bank, Virudhunagar	25.10.2018	16	
21.	Awareness Programme on Drawback of Plastic	NCC	20.12.2018	60	
22.	Blood Donation Camp	YRC, NSS, NCC, RRC & V.Dhanasamy - Parimala Devi Medical Trust Blood Bank, Virudhunagar	07.12.2018	100	
























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S.No.	Name of the Activity	Organising unit/ Forum/ Collaborating agency	Date of the activity	No. of Students Participated	Link
1.	Blood Donation Camp	YRC, NSS, NCC, RRC & V.Dhanasamy - Parimala Devi Medical Trust Blood Bank, Virudhunagar	25.06.2019	109	
2.	“Saying No to Drugs” - Drug Abuse	NSS, RRC, YRC, Physical Education	26.06.2019	125	
3.	Blood Donation Camp	YRC, NSS, NCC, RRC & V.Dhanasamy - Parimala Devi Medical Trust Blood Bank, Virudhunagar	12.07.2019	101	
4.	Awareness Program on Breast Cancer	NSS, Lions Club of Virudhunagar and Devaki Hospital.	27.08.2019	320	
5.	Role of Students in Nations Welfare	NSS	27.08.2019	120	
6.	How to Control Mosquito Borne Diseases	NSS	29.08.2019	140	
7.	Awareness Programme on Road Safety	NSS	24.09.2019	140	
8.	Blood Donation Camp	YRC, NSS, NCC, RRC & V.Dhanasamy - Parimala Devi Medical Trust Blood Bank, Virudhunagar	18.10.2019	103	
9.	Blood Donation Camp	YRC, NSS, NCC And RRC	07.12.2019	63	
10.	Demo On Rainwater Harvesting at Home	NSS	09.01.2020	50	
11.	Awareness Programme on Corona Virus	NSS	10.02.2020	70	
12.	Awareness Programme on Cancer	NSS	11.02.2020	130	
13.	Blood Donation Camp	YRC, NSS, NCC And RRC	20.02.2020	101	
14.	Action Plans for Swachh Bharath Initiatives	NSS	30.07.2019	15	
15.	Cleaning Work at Government Hospital -Swachh Bharat Mission	NSS & Government Hospital, Virudhunagar	13.09.2019	50	
16.	Visit To K.C.S.K Ravindran Special School	College	19.12.2019	40	
17.	Visit To K.C.S.K Ravindran Special School	VHNSNC Stars	23.01.2020	40	
18.	Visit To K.C.S.K Ravindran Special School	VHNSNC Stars	19.02.2020	40	
19.	Visit To K.C.S.K Ravindran Special School	VHNSNC Stars	24.02.2020	40	
20.	Visit To K.C.S.K Ravindran Special School	VHNSNC Stars	02.03.2020	40	
21.	Visit To K.C.S.K Ravindran Special School	VHNSNC Stars	09.03.2020	40	











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## **2.3.1 Experiential Learning – Outreach / Extension Programmes** **2020-2021**

S.No.	Name of the Activity	Organising unit/ Forum/ Collaborating agency	Date of the activity	No. of Students Participated	Link
1.	Road Safety Awareness Rally	NSS, NCC And YRC	11.02.2021	60	
2.	Awareness Programme on First Time Voters	NSS	19.02.2021	100	
3.	Election Awareness Marathon	NSS	19.03.2021	100	
4.	Visit To Orphanage - Children's Fest- 2020	Computer Science	27.03.2021	17	
5.	Maximum People Taking Swachhta Pledge on Virtual Platform	NSS, Idhayam G	30.01.2021	150	
6.	Awareness Programme on First Time Voters	NSS	19.02.2021	100	
7.	Blood Donation Camp	YRC, NSS, NCC, RRC, Lions Club & V.Dhanasamy - Parimala Devi Medical Trust Blood Bank, Virudhunagar	05.03.2021	100	
8.	Role Of NSS Volunteers in Nation Building	NSS	17.03.2021	220	









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## 2.3.1 Experiential Learning – Outreach / Extension Programmes 2021-2022

S.No.	Name of the Activity	Organising unit/ Forum/ Collaborating agency	Date of the activity	No. of Students Participated	Link
1.	Webinar on Covid19	NSS	10.06.2021	218	
2.	State Level Webinar - Yoga and Pranayama"	NSS & S.I.V.E.T College, Chennai	22.06.2021	175	
3.	Covid-19 Awareness Programme	NCC	29.06.2021	18	
4.	Webinar On "Yoga and Pranayama - Pin on Earth Environment and Climate	NSS	03.07.2021	250	
5.	Drug Abuse and Its Ill Effects State Level Webinar	NSS	06.07.2021	155	
6.	World Day for International Justice	NCC	17.07.2021	18	
7.	Lecture Programme on Conserve Tigers - World Tiger Day	NCC	30.07.2021	17	
8.	Webinar - Carrier Guidance	Commerce CA(Sf)	12.08.2021	100	
9.	Covid-19 Vaccine Programme	NCC & Virudhunagar Medical College	06.09.2021	8	
10.	Awareness Program on Cyber Crimes	NSS	03.09.2021	350	
11.	Independent India @ 75: Self Reliance with Integrity	NSS	26.10.2021	172	
12.	Paddy Plantation Programme	NCC	2.12.2021- 05.12.2021	21	
13.	Importance of World Aids Day & Awareness of Corona Virus and Vaccination & Oath Taking Ceremony	RRC	07.12.2021	48	
14.	Covid-19 Vaccination	NCC&NSS	27.12.2021 To 28.12.2021	20	
15.	Blood Donation Camp	YRC, NSS, NCC, RRC, Lions Club (Dawn) & V.Dhanasamy - Parimala Devi Medical Trust Blood Bank, Virudhunagar	25.02.2022	109	
16.	Road Safety Awareness Programme	Physical Education	24.03.2022	280	
17.	Blood Donation Camp	YRC, NSS, NCC, RRC, Lions Club (Dawn) & V.Dhanasamy - Parimala Devi Medical Trust Blood Bank,	22.04.2022	86	












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S.No.	Name of the Activity	Organising unit/ Forum/ Collaborating agency	Date of the activity	No. of Students Participated	Link
		Virudhunagar			
18.	Awareness Programme on Healthy Life Through Naturopathy Yoga and Siddha	Physical Education	28.04.2022	300	
19.	Vaccination Camp	NSS	29.04.2022	20	
20.	Fit India Freedom Run	Physical Education	01.09.2021- 31.12.2021	135	
21.	Palm Seed Plantation in Metukundu Village	NCC	03.10.2021	16	
22.	Cleaning Work at Railway Station (Clean India)	NCC, NSS And Nehru Yuva Kendra	13.10.2021	40	
23.	Street Drama to Create on Stopping Corruption and Bribery	NCC, NSS, Vigilance Department	01.11.2021	20	
24.	Anti plastic Awareness Rally	NCC	23.03.2022	10	
25.	Visit To Orphanage - 'Children's Fest'	Computer Science	24.04.2022	126	
26.	Government Hospital "Clean Campaign"	NCC	12.04.2022	17	



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S.No.	Name of the Activity	Organising unit/ Forum/ Collaborating agency	Date of the activity	No. of Students Participated	Link
1.	Cycle Expedition - Save And Support Girl Children	Physical Education	04.06.2022	41	
2.	Cycle Rally - Environmental Pollution	NCC	08.06.2022	9	
3.	Swayamvaram Function for Physically Challenged	NCC	24.07.2022	14	
4.	Awareness Trekking on Green India	NSS	04.09.2022	35	
5.	Suicide Awareness Rally	NSS	12.09.2022	100	
6.	Visit to Old Age Home (V.Dhanasamy Parimala Devi Social Welfare Trust)	Commerce (Sf)	30.09.2022	23	
7.	“UNITY FLAME RUN” from Kanyakumari to Kashmir Under the Banner of EK Bharat Shrestha Bharath	NCC 28(Tn)Bn NCC, Virudhunagar	01.10.2022	25	
8.	Mini Marathan - Fit India	NCC 28(Tn)Bn NCC, Virudhunagar	18.10.2022	45	
9.	Visit to Deaf and Dumb Government Higher Secondary School, Sulakarai	Commerce With Computer Application	18.10.2022	13	
10.	Physical Fitness Awareness Mini Marathon	Physical Education	08.01.2023	150	
11.	Environment and Water Conservation Awareness Cycle Rally	NSS	08.01.2023 & 09.01.2023	30	
12.	Plantation At Periyavallikulam Village - Camp Opening Ceremony	NSS	02.02.2023	50	
13.	Acupuncture Camp	NSS	04.02.23	74	
14.	7 Days Special Camp	NSS	03.02.23	50	
15.	Invited Talk	NSS	04.02.23	50	
16.	Saplings Plantation & Pond Cleaning - Swachh Bharat	NSS	03.02.2023	50	
17.	Guest Lecture	NSS	03.02.2023	50	
18.	Medical Camp at Periyavallikulam Village Panchayat Office	NSS	03.02.2023	15	
19.	Yoga Training	NSS	04.02.2023	50	
20.	Yoga Training for School Students	NSS	04.02.2023	50	
21.	One Time Plastic and Bushes Cleaning Swachh Bharat	NSS	04.02.2023	50	
22.	Removal of Parthenium Plants - Swachh Bharat	NSS	04.02.2023	50	


























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23.	Guest Lecture Live Let Live	NSS	04.02.2023	74	
24.	Motivational Talk	NSS	04.02.2023	74	
25.	Organic Farming Techniques	NSS	04.02.2023	50	
26.	Aadhar Correction Camp	NSS	04.02.2023	74	
27.	Guest Lecture	NSS	05.02.2023	74	
28.	Saplings Plantation & Cleaning Activity - Swachh Bharath	NSS	05.02.2023	25	
29.	Physical Fitness Awareness Mini Marathon	Physical Education & TNSTC-CITU	12.02.2023	200	
30.	Rally on Liquor and Drug Abuse & Road Safety Awareness	NSS	09.03.2023	106	
31.	Breast Cancer Awareness Programme	NSS	26.07.2022	325	
32.	Blood Donation Camp	YRC, NSS, NCC, RRC, Lions Club (Dawn) &V.Dhanasamy - Parimala Devi Medical Trust Blood Bank, Virudhunagar	27.07.2022	104	
33.	Vaccination Camp	NCC	28.07.2022	10	
34.	Palm Seed Plantation	NCC	03.08.2022	80	
35.	Hero Stone Worship in India with Special Reference to TamilNadu -Guest Lecture	NSS	23.08.2022	90	
36.	Drug Abuse, POSCO Act and Cyber Security	NSS	22.09.2022	120	
37.	Cancer Awareness for Women	OGA	14.10.2022	228	
38.	Sapling Plantation	NSS	12.10.2022	10	
39.	Blood Donation Camp	YRC, NSS, NCC, RRC, Lions Club (Dawn) &V.Dhanasamy - Parimala Devi Medical Trust Blood Bank, Virudhunagar	19.10.2022	110	
40.	Awareness and Importance of Eye Donation	Commerce (SF)	11.11.2022	123	
41.	Awareness and Importance of Blood Donation	Commerce (SF)	11.11.2022	126	
42.	Cleaning the Water Bodies, Virudhunagar.	NCC	17.11.2022	60	
43.	Blood Donation Camp	NCC	27.11.2022	25	
44.	Adolescent Age Education - Health Issues & Helpline	RRC	10.01.2023,19 .01.2023	75	
45.	Blood Donation Camp	YRC, NSS, NCC, RRC, Lions Club (Dawn) &V.Dhanasamy - Parimala Devi Medical Trust Blood	29.03.2023	54	






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S.No.	Name of the Activity	Organising unit/ Forum/ Collaborating agency	Date of the activity	No. of Students Participated	Link
		Bank, Virudhunagar			
46.	Career Guidance Programme	Physical Education	08.04.2023	36	



  
**Dr. A. SARATHI**  
PRINCIPAL  
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