

5. The Competition is only for bonafide students from Schools & Colleges. Participants should fulfil the current eligibility criteria framed by the Inter University Sports Board of India. **Competitors must produce their ID cards, issued by the Head of the Institution as proof of their status & age.**
6. Strictly, entries with age proof certificate and status given by Head of the Institution will only be accepted.
7. For the relay event one team per institution is allowed. The school relay team may consist of members from all the groups irrespective of age difference.
8. The decision of the tournament committee will be final and the committee has its own grounds to reject any entry if necessary. No protest will be entertained.
9. The competition will be conducted in line with the latest rules of SFI.
10. An overall ever rolling trophy will be awarded to the institution with maximum points. (P.D / P.E.T / or Authorized Person by Institution)
11. The Filled entry form in hard copy format along with bonafide certificate and age certificate should reach the following address on or before 18.01.2024.

: Addressed to :

THE PRINCIPAL,

VHNSN College (Autonomous), Virudhunagar - 626 001. Tamil Nadu.

: For Further details contact :

Mobile : 98947 12575 & 95665 67737

Phone : 04562 - 280154, Fax : 04562 - 281338

e-mail : support@vhnsnc.edu.in. web : www.vhnsnc.edu.in

Thiru. M.S.P. RAMESH RAJAH, B.Sc., M.B.A.,
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Coordinator - SF Courses



VIRUDHUNAGAR HINDU NADARS' SENTHIKUMARA NADAR COLLEGE

An Autonomous Institution Affiliated to Madurai Kamaraj University

(Re-accredited with 'A' Grade by NAAC)

VIRUDHUNAGAR - 626 001

★ LOW COST ACCESS TO HIGH QUALITY EDUCATION ★

● Education ● Discipline ● Culture



25th TAMILNADU STATE LEVEL SWIMMING COMPETITION

(Under the Auspices of Virudhunagar District Aquatic Association)

**INTER SCHOOL AND
INTER COLLEGIATE LEVEL - BOYS & GIRLS**

Inter School Level

**Thiru. V.P.P.K. Chinnathurai Nadar
Memorial Trophy**

Inter Collegiate Level

Thiru. M. Dharmarajan Memorial Trophy

20.01.2024, Saturday, 08.00 a.m.

**Venue : Thiru. T.K. Jegadeesan Memorial
Swimming Pool**

INFORMATION : (About our competition)

The competition will be conducted at the Thiru. T.K. Jegadeesan Memorial Swimming Pool (established by our College Managing Board) in our College campus.

EVENTS

For School Students - Both Boys & Girls

Group - I (15 to 17 Years)

(Born between 01-01-2007 to 31.12.2009)

- a) 100 Mts. Free Style
- b) 100 Mts. Back Stroke
- c) 100 Mts. Breast Stroke
- d) 100 Mts. Butterfly
- e) 200 Mts. Individual Medley



Group - II (12 to 14 Years)

(Born between 01.01.2010 to 31.12.2012)

- a) 100 Mts. Free Style
- b) 100 Mts. Back Stroke
- c) 100 Mts. Breast Stroke
- d) 100 Mts. Butterfly
- e) 200 Mts. Individual Medley



Group - III (10 Years & 11 Years)

(Born between 01-01-2013 to 31-12-2014)

- a) 50 Mts. Free Style
- b) 50 Mts. Back Stroke
- c) 50 Mts. Breast Stroke
- d) 50 Mts. Butterfly
- e) 200 Mts. Individual Medley



Group - IV (9 Years)

(Born between 01-01-2015 to 31-12-2015)

- a) 50 Mts. Free Style
- b) 50 Mts. Back Stroke
- c) 50 Mts. Breast Stroke
- d) 50 Mts. Butterfly
- e) 200 Mts. Individual Medley

Group - V (8 Years)

(Born between 01-01-2016 to 31-12-2016)

- a) 25 Mts. Free Style
- b) 25 Mts. Back Stroke
- c) 25 Mts. Breast Stroke
- d) 25 Mts. Butterfly
- e) 100 Mts. Individual Medley



Group - VI (7 Years)

(Born between 01-01-2017 to 31-12-2017)

- a) 25 Mts. Free Style
- b) 25 Mts. Back Stroke
- c) 25 Mts. Breast Stroke
- d) 25 Mts. Butterfly
- e) 100 Mts. Individual Medley



Group - VII (6 Years)

(Born on or after 01-01-2018)

- a) 25 Mts. Free Style
- b) 25 Mts. Back Stroke
- c) 25 Mts. Breast Stroke
- d) 25 Mts. Butterfly
- e) 100 Mts. Individual Medley



School Relay

- a) 4 x 50 Mts. Free Style
- b) 4 x 50 Mts. Medley Style

For College / Polytechnic Students - Both Boys & Girls

- 1) 100 Mts. Free Style
- 2) 100 Mts. Back Stroke
- 3) 100 Mts. Breast Stroke
- 4) 100 Mts. Butterfly
- 5) 200 Mts. Individual Medley



College Relay

- a) 4 x 50 Mts. Free Style
- b) 4 x 50 Mts. Medley Style

1. Certificate of merit and medal will be awarded to the first three places. The Prize winners will be paid General class train fare.
2. A swimmer may participate in Four events only. (Excluding Relay). If the number of entries for an event is less than three, the event won't be conducted.
3. Dormitory accommodation will be provided inside the college premises on 19.01.2024, Night for outstation participants on prior intimation . Lunch will be provided for both Participants and the Team Managers on 20.01.2024.
4. Entry Fee (Including GST) is **Rs.125/-** per event / per head and **Rs.400/-** for Relay Team. Demand Draft shall be drawn in favour of **“Treasurer, VHNSN College Paripalana Sabai, Virudhunagar** payable at Virudhunagar.