

5. Strictly, entries with age proof certificate and status given by Head of the Institution will only be accepted.
6. For the relay event one team per institution is allowed. The school relay team may consist of members from all the groups irrespective of age difference.
7. The decision of the tournament committee will be final and the committee has its own grounds to reject any entry if necessary. No protest will be entertained.
8. The competition will be conducted in line with the latest rules of SFI.
9. An overall ever rolling trophy will be awarded to the institution with maximum points. (P.D / P.E.T / or Authorized Person by Institution)
10. **The soft copy of the entry form (in MS Excel format) can be downloaded from our college website www.vhnsnc.edu.in (or) The same may be sent via whatsapp on request to 98947 12575. The filled in soft copy of the entry form may be sent to email : swimmingvnr2023@gmail.com. You are requested to send separate entry for each institution.**
11. The entry form both in hard and soft format along with bonafide certificate and age certificate should reach the following address on or before 08.02.2023.

: Addressed to :

THE PRINCIPAL,

VHNSN College (Autonomous), Virudhunagar - 626 001. Tamil Nadu.

: For Further details contact :

Mobile : 98947 12575

Phone : 04562 - 280154, Fax : 04562 - 281338

e-mail : swimmingvnr2023@gmail.com. web : www.vhnsnc.edu.in

Thiru. MSP MOHAN RAJES, B.Com., L.L.B., MDIT.,
Patron

Thiru. V. PALANICHAMY, B.A.,
President

Thiru. M.D. SARPPARAJAN, B.B.A.,
Secretary

Thiru. V.P.P.K.V.N. RAJAMOCHAN, B.B.A.,
Vice President

Thiru. S.S.A.S. SAKTHI BABU, B.B.A.,
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Captain Dr. P. SUNDARA PANDIAN
Principal

Dr. T. MURUGESAN
Director of Physical Education

Dr. R. PALANIAPPAN
Coordinator - SF Courses



VIRUDHUNAGAR HINDU NADARS' SENTHIKUMARA NADAR COLLEGE

An Autonomous Institution Affiliated to Madurai Kamaraj University

(Re-accredited with 'A' Grade by NAAC)

VIRUDHUNAGAR - 626 001

★ LOW COST ACCESS TO HIGH QUALITY EDUCATION ★

● Education ● Discipline ● Culture



24th TAMILNADU STATE LEVEL SWIMMING COMPETITION

INTER SCHOOL AND
INTER COLLEGIATE LEVEL - BOYS & GIRLS

Inter School Level

**Thiru. V.P.P.K. Chinnathurai Nadar
Memorial Trophy**

Inter Collegiate Level

Thiru. M. Dharmarajan Memorial Trophy

12.02.2023, Sunday, 08.00 a.m.

Venue : **Thiru. T.K. Jegadeesan Memorial
Swimming Pool**



INFORMATION : (About our competition)

The competition will be conducted at the Thiru. T.K. Jegadeesan Memorial Swimming Pool (established by our College Managing Board) in our College campus.

EVENTS

For School Students - Both Boys & Girls

Group - I (15 to 17 Years)

(Born between 01-01-2006 to 31.12.2008)

- 100 Mts. Free Style
- 100 Mts. Back Stroke
- 100 Mts. Breast Stroke
- 100 Mts. Butterfly
- 200 Mts. Individual Medley



Group - II (12 to 14 Years)

(Born between 01.01.2009 to 31.12.2011)

- 100 Mts. Free Style
- 100 Mts. Back Stroke
- 100 Mts. Breast Stroke
- 100 Mts. Butterfly
- 200 Mts. Individual Medley



Group - III (11 Years)

(Born between 01-01-2012 to 31-12-2012)

- 50 Mts. Free Style
- 50 Mts. Back Stroke
- 50 Mts. Breast Stroke
- 50 Mts. Butterfly
- 200 Mts. Individual Medley



Group - IV (10 Years)

(Born between 01-01-2013 to 31-12-2013)

- 50 Mts. Free Style
- 50 Mts. Back Stroke
- 50 Mts. Breast Stroke
- 50 Mts. Butterfly
- 200 Mts. Individual Medley



Group - V (9 Years)

(Born between 01-01-2014 to 31-12-2014)

- 25 Mts. Free Style
- 25 Mts. Back Stroke
- 25 Mts. Breast Stroke
- 25 Mts. Butterfly
- 100 Mts. Individual Medley

Group - VI (8 Years)

(Born between 01-01-2015 to 31-12-2015)

- 25 Mts. Free Style
- 25 Mts. Back Stroke
- 25 Mts. Breast Stroke
- 25 Mts. Butterfly
- 100 Mts. Individual Medley



Group - VII (7 Years)

(Born on or after 01-01-2016)

- 25 Mts. Free Style
- 25 Mts. Back Stroke
- 25 Mts. Breast Stroke
- 25 Mts. Butterfly
- 100 Mts. Individual Medley



School Relay 4 x 50 Mts. Free Style

For College / Polytechnic Students - Both Boys & Girls

- 100 Mts. Free Style
- 100 Mts. Back Stroke
- 100 Mts. Breast Stroke
- 100 Mts. Butterfly
- 200 Mts. Individual Medley



College Relay 4 x 50 Mts. Free Style

- Certificate of merit and medal will be awarded to the first three places. The Prize winners will be paid General class train fare.
- A swimmer may participate in Four events only. (Excluding Relay). If the number of entries for an event is less than three, the event won't be conducted.
- Dormitory accommodation will be provided inside the college premises on 11.02.2023, Night for outstation participants on prior intimation. Lunch will be provided for both Participants and the Team Managers on 12.02.2023.
- Entry Fee (Including GST) is **Rs.125/-** per event / per head and **Rs.400/-** for Relay Team. Payment only through online "**Treasurer, VHNSN College Paripalana Sabai, Virudhunagar** A/c No. : **004100050150154, IFSC Code : TMBL0000004**. Kindly share the payment details to **9894712575**.
- The Competition is only for bonafide students from Schools & Colleges. Participants should fulfil the current eligibility criteria framed by the Inter University Sports Board of India. **Competitors must produce their ID cards, issued by the Head of the Institution as proof of their status & age.**