- 5. Strictly, entries with age proof certificate and status given by Head of the Institution will only be accepted.
- 6. For the relay event one team per institution is allowed. The school relay team may consist of members from all the groups irrespective of age difference.
- 7. The decision of the tournament committee will be final and the committee has its own grounds to reject any entry if necessary. No protest will be entertained.
- 8. The competition will be conducted in line with the latest rules of SFI.
- 9. An overall ever rolling trophy will be awarded to the institution with maximum points. (P.D / P.E.T / or Authorized Person by Institution)
- 10. The soft copy of the entry form (in MS Excel format) can be downloaded from our college website www.vhnsnc.edu.in (or) The same may be sent via whatsapp on request to 98947 12575. The filled in soft copy of the entry form may be sent to email: swimmingvnr2022@gmail.com. You are requested to send separate entry for each institution.
- 11. The entry form both in hard and soft format along with bonafide certificate and age certificate should reach the following address on or before 30.03.2022.

: Addressed to :

THE PRINCIPAL,

VHNSN College (Autonomous), Virudhunagar - 626 001. Tamil Nadu.

: For Further details contact :

Mobile: 98947 12575

Phone: 04562 - 280154, Fax: 04562 - 281338

e-mail: swimmingvnr2022@gmail.com. web: www.vhnsnc.edu.in

Thiru. MSP MOHAN RAJES, B.Com., L.L.B., MDIT.,

Patron

Thiru. V. PALANICHAMY, B.A.,

Thiru. M.D. SARPPARAJAN, B.B.A., Secretary

President

Thiru. S.S.A.S. SAKTHI BABU, B.B.A.,

Vice President

Treasurer

Tmty. A. SUGANTHI

Thiru, K.G.MOHAN

Captain Dr. P. SUNDARA PANDIAN

Vice President

Principal

Dr. T. MURUGESAN

Dr. R. PALANIAPPAN

Director of Physical Education

Coordinator - SF Courses







VIRUDHUNAGAR HINDU NADARS' SENTHIKUMARA NADAR COLLEGE

An Autonomous Institution Affiliated to Madurai Kamaraj University

(Re-accredited with 'A' Grade by NAAC) VIRUDHUNAGAR - 626 001 * LOW COST ACCESS TO HIGH QUALITY EDUCATION *

Education
Discipline
Culture







23rd TAMILNADU STATE LEVEL **SWIMMING COMPETITION**

INTER SCHOOL AND **INTER COLLEGIATE LEVEL - BOYS & GIRLS**

Inter School Level

Thiru. V.P.P.K. Chinnathurai Nadar **Memorial Trophy**

Inter Collegiate Level

Thiru. M. Dharmarajan Memorial Trophy

02.04.2022, Saturday, 08.00 a.m.

Venue: Thiru. T.K. Jegadeesan Memorial **Swimming Pool**

INFORMATION: (About our competition)

The competition will be conducted at the Thiru. T.K. Jegadeesan Memorial Swimming Pool (established by our College Managing Board) in our College campus.

EVENTS

For School Students - Both Boys & Girls

Group - I (15 to 17 Years)

(Born between 01-01-2005 to 31.12.2007)

- a) 100 Mts. Free Style
- b) 100 Mts. Back Stroke
- c) 100 Mts. Breast Stroke
- d) 100 Mts. Butterfly
- e) 200 Mts. Individual Medley

Group - II (12 to 14 Years)

(Born between 01.01.2008 to 31.12.2010)

- a) 100 Mts. Free Style
- b) 100 Mts. Back Stroke
- c) 100 Mts. Breast Stroke
- d) 100 Mts. Butterfly
- e) 200 Mts. Individual Medley

Group - III (11 Years)

(Born between 01-01-2011 to 31-12-2011)

- a) 50 Mts. Free Style
- b) 50 Mts. Back Stroke
- c) 50 Mts. Breast Stroke
- d) 50 Mts. Butterfly
- e) 200 Mts. Individual Medley

Group - IV (10 Years)

(Born between 01-01-2012 to 31-12-2012)

- a) 50 Mts. Free Style
- b) 50 Mts. Back Stroke
- c) 50 Mts. Breast Stroke
- d) 50 Mts. Butterfly
- e) 200 Mts. Individual Medley

Group - V (9 Years)

(Born between 01-01-2013 to 31-12-2013)

- a) 25 Mts. Free Style
- b) 25 Mts. Back Stroke
- c) 25 Mts. Breast Stroke
- d) 25 Mts. Butterfly
- e) 100 Mts. Individual Medley









Group - VI (8 Years)

(Born between 01-01-2014 to 31-12-2014)

- a) 25 Mts. Free Style
- b) 25 Mts. Back Stroke
- c) 25 Mts. Breast Stroke
- d) 25 Mts. Butterfly
- e) 100 Mts. Individual Medley

Group - VII (7 Years)

(Born on or after 01-01-2015)

- a) 25 Mts. Free Style
- b) 25 Mts. Back Stroke
- c) 25 Mts. Breast Stroke
- d) 25 Mts. Butterfly
- e) 100 Mts. Individual Medley

School Relay 4 x 50 Mts. Free Style

For College / Polytechnic Students - Both Boys & Girls

- 1) 100 Mts. Free Style
- 2) 100 Mts. Back Stroke
- 3) 100 Mts. Breast Stroke
- 4) 100 Mts. Butterfly
- 5) 200 Mts. Individual Medley

College Relay 4 x 50 Mts. Free Style

- Certificate of merit and medal will be awarded to the first three places. The Prize winners will be paid General class train fare.
- A swimmer may participate in Four events only. (Excluding Relay). If the number of entries for an event is less than three, the event won't be conducted.
- Dormitory accommodation will be provided inside the college premises on 01.04.2022, Night for outstation participants on prior intimation. Lunch will be provided for both Participants and the Team Managers on 02.04.2022.
- Entry Fee is Rs.100/- per event per head and Rs.300/- for Relay Team, Demand Draft shall be drawn in favour of <u>Treasurer</u>, <u>VHNSN College</u> <u>Paripalana Sabai</u>, <u>Virudhunagar</u>. payable at Virudhunagar.
- 5. The Competition is only for bonafide students from Schools & Colleges. Participants should fulfil the current eligibility criteria framed by the Inter University Sports Board of India. Competitors must produce their ID cards, issued by the Head of the Institution as proof of their status & age.





